

August 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	OPEN GYM	OPEN GYM	1 Two A Days Begin Practice: 9:00-11:30 Practice: 1:00-3:30 Weights 3:45	2 Practice: 9:00-11:30 Practice: 1:00-3:30 Weights 3:45	3 Scrimmage at Mabank – 9-JV-V	4 Practice TBA Possible scrimmage
5	6 Practice: 9:00-11:30 Practice: 1:00-3:30 Weights 3:45	7 Practice: 10:00-12:30 Sunnyvale JV-V home 5:00	8 Staff Development Practice: 4:00-6:00	9 Staff Development Varsity Practice - TBA TVVOA 9 th & JV Tourney – TBA@ Eustace	10 Staff Develop. Practice: 4:00-6:00	11 TVVOA 9 th & JV Tourney – TBA @ Eustace
12	13 Staff Develop. Practice: 4:00-6:00	14 Staff Develop. Quinlan/ Malakoff V-JV-9 th home 4:30 @ HS & IH	15 First Day of School Practice: 3:30-5:30	16 9/JV practice: TBA Eustace Varsity Tourney - TBA	17 Practice: 3:30-5:00	18 Eustace Varsity Tourney - TBA
19	20 Practice: 4:00-5:45	21 Scurry Rosser 5:00 There	22 Practice: 3:30-5:00	23 Tyler Tourney -Varsity TBA	24 Practice: 3:30-5:00	25 Tyler Tourney -Varsity TBA
26	27 Practice: 4:00-5:45	28 Bullard and Alba home 5:00 9-JV-V @ HS & IH	29 Practice: 3:30-5:00	30 Practice: 4:00-5:45	31 Practice: 3:30-5:00	

FYI:

Paperwork

All Paperwork needs to be turned in. You may complete it online. You may not participate without proper paperwork turned in.

Workout Clothes

Bring clothing and shoes to practice in. We will not hand out gear until teams have been determined

Remember

EARLY IS ON TIME AND ON TIME IS LATE